



RISING LIBERATION WELLNESS

TERMS OF REFERENCE

05 March 2026

Welcome to **Rising Liberation Wellness**. By booking a session (Yoga, Reiki, or Meditation), you agree to the following terms and conditions. These are designed to ensure a respectful, safe, and professional experience for both the practitioner and the client.

1. Service Location & Facility Protocols:

Rising Liberation Wellness operates as an independent contracted service. Sessions are hosted within third-party wellness facilities. Clients agree to abide by the specific facility's rules and safety protocols in addition to the Rising Liberation Wellness Terms of Reference.

2. Payment & Booking

- **Yoga Classes:** To secure your mat, pre-payment is required at the time of online registration via **Square**.
- **Walk-ins (Yoga):** If space is available, walk-ins may pay via **Square, e-Transfer, or Cash** immediately prior to the start of class.
- **Reiki Sessions:** We operate on a trust-based system for our 1-on-1 sessions. Payment is due **upon** completion of your session via Square, e-Transfer, or Cash.

3. Cancellation & Refund Policy

We understand that life happens. Our policies differ based on the type of service:

- **For Yoga Classes:**
 - **More than 2 hours notice:** You will receive a full refund or class credit.
 - **Less than 2 hours notice / No-show:** The class fee is forfeited and no refund will be issued.
- **For Reiki Sessions:**
 - While we appreciate as much notice as possible for cancellations, there is currently **no fee for Reiki no-shows or late cancellations**. We simply ask that you respect the practitioner's time by notifying us as soon as your plans change.

4. Payment Methods & Procedures

- **e-Transfers:** Please send to hello@risingliberation.ca.
- **Cash:** Please bring exact change where possible.
- **Refunds:** Yoga refunds for e-Transfer payments will be sent manually within [48] hours. Square refunds will be processed back to the original card.

5. Late Arrivals

- **For Yoga Classes:**
 - To maintain the sacred space and flow of the practice, late arrivals will not be permitted.
 - The studio door will be locked at the start of class.
 - If you arrive after the class has begun, it will be considered a "No-Show" and the class fee will be forfeited.
 - We recommend arriving 10-15 minutes early to settle into your space.
- **For Reiki Sessions:**
 - If you arrive late for a 1-on-1 session, your session will still end at the originally scheduled time to respect the next client's appointment.
 - The full session fee still applies, as that time was reserved exclusively for you.

6. Professional Boundaries

- **Nature of Service:** Yoga, Reiki, and Meditation are holistic practices intended for relaxation and wellness. They are not a substitute for professional medical or psychological diagnosis and treatment.
- **Conduct:** Rising Liberation Wellness maintains a safe, sacred space. Any inappropriate behavior, comments, or conduct will result in the immediate termination of the session without a refund.

7. Health & Safety

- Clients are responsible for informing the practitioner of any new injuries, pregnancies, or health conditions prior to the start of every session.

8. Changes to Terms

- We reserve the right to modify these terms at any time. Your continued booking of services constitutes acceptance of the most current Terms of Reference.

Questions? If you have any questions regarding these Terms, please contact us at hello@risingliberation.ca before booking your session.