



PRIVACY POLICY

05 March 2026

At **Rising Liberation Wellness**, we honor the sacredness of your journey and the privacy of your personal information. This Privacy Policy describes how we collect, use, and protect your data when you visit our website, book a session, or participate in our practices.

1. Information We Collect

To provide a safe and personalized experience, we collect the following types of information:

- **Personal Identification:** Name, email address, phone number, and mailing address.
- **Wellness Data:** Information provided in intake forms, such as physical injuries, health concerns you would like us to be aware of, or emotional goals, to ensure your safety during Yoga, Reiki, or Mediation sessions.
- **Payment Information:** We do not store your credit card details on our local servers. Credit card payments are processed securely through our third-party partners, **Noterro** and **Square**. These providers use encrypted technology to ensure your transaction is safe. For clients choosing to pay via **Interac e-Transfer**, we collect the name and contact information associated with the transfer as provided by your financial institution to verify and record the transaction.
- **Usage Data:** Standard web analytics (IP address, browser type) collected by our hosting provider (**Web Hosting Canada**) to help us improve your experience and maintain site security..

2. How We Use Your Information

We use your data solely to:

- Schedule and manage your appointments.
- Tailor our practices to your specific physical and energetic needs.
- Communicate updates, session reminders, or requested information.
- Comply with legal and professional insurance requirements.

3. Data Storage & Security

Your trust is vital to the "Rise."

- **Digital Security:** We prioritize your safety by using industry-leading platforms. Our practice management is handled by **Noterro**, and credit card transactions are processed securely by **Square**. Both providers employ high-level encryption and comply with PCI-DSS requirements to protect your financial data. For clients choosing **Interac e-Transfer**, transactions are secured by the established encryption and authentication protocols of your participating financial institution.
- **Confidentiality:** Your personal and wellness history are kept strictly confidential and are never sold, rented, or shared with third parties for marketing purposes.
- **Third-Party Links:** Our site contains links to external platforms (such as **Noterro**). We are not responsible for the privacy practices of those external sites.

4. Your Rights

You have the right to:

- Request a copy of the personal data we hold about you.
- Request that we correct or update any inaccurate information.
- Request the deletion of your data (subject to legal or insurance record-keeping requirements).

5. Cookies

Our website uses "cookies" to enhance navigation and analyze site traffic. You can choose to disable cookies in your browser settings, though some features of the site may not function perfectly as a result.

6. Changes to This Policy

We may update this policy occasionally to reflect changes in our practice or legal requirements. The "Effective Date" at the top will indicate when the latest changes were made.

7. Contact Us

If you have any questions regarding your privacy, please reach out to us:

- Email: hello@risingliberation.ca